

# Hello, dear Nordic guide and scout organisations!

The time to open the registration for the Nordic Adventure Race 2026 is here!

## Theme:

This year's overall theme is *fairy tales*, with particular inspiration from classic Norwegian folktales featuring Askeladden, trolls, nøkken and the huldra.

## What is the Nordic Adventure Race?

The Nordic Adventure Race is an annual event that moves between the Nordic countries. It was first organized in the Faroe Islands in 2022 and is now taking place in Norway. Here, 50 participants from each country will be grouped into international patrols with six patrol members that will set out on a week-long trek through the Norwegian mountains. Along the way, the patrols will face a variety of challenges where they can earn points and compete to win the race. We will strive to have one scout from each country on each patrol

The event is based on the Danish concept of Adventure Scouting, where Scouts take part in a story and face exciting outdoor challenges and competitions while using their scouting skills. The goal is to test physical and mental strength, teamwork, and problem-solving, while giving participants an unforgettable and thrilling experience!

## Practical Information:

Participant fee: 4000 NOK

Staff/leader fee: 1500 NOK

Participation age: 13–17 years (born between 10.07.2008 and 17.10.2013)

Staff-/Leader Age: 18+ (born on 10.07.2008 or earlier)

## What is included in the price?

The price includes:

- Food during the entire race
- Transport from Oslo S/Gardermoen to the starting point
- Transport from the end point to Oslo/Gardermoen
- A participant badge
- Activities
- Some of the shared equipment needed.

Travel to and from Oslo is not included.

The ones over the age of 18 will be divided into two different roles, staff and leader.

- Staff will help rig up, hold, and rig down activities, make food after some of the stretches, and help with little things that present themselves here and there.
- Leaders will be assigned a patrol, whom they will follow the entire trek and function as support, as well as helping us make sure they treat the nature well. They can also be sat to help hold activities. We can not guarantee that the leaders will be assigned a patrol with any scouts they know.

All participants over 18 will also get to experience the hike, and multiple of the experiences that are arranged for the guides and scouts. They should therefore be in good physical shape, and preferably have some experience traversing mountain terrain, but it is not a requirement.

### **Payment Information**

Sparebanken Norge,  
Postboks 200,  
4662 Kristiansand  
IBAN: NO9630001688487  
SWIFT (BIC) SPSONO22

### **The Route:**

The route will take participants across high mountains, through deep valleys, over a glacier, and out towards long, narrow fjords where the meltwater reflects on the surface. Buckle up, this journey will take place on land, at sea, and high up in the mountains!

The guides and scouts will camp outdoors every night and must be able to carry a backpack with everything they need, as well as shared equipment and food. This will be a physically and mentally challenging trip, so it is important that the scouts are used to hiking long distances with a heavy backpack. But of course, it will also be an incredible experience and a lasting memory!

We will arrange bus transport from Oslo Central Station and Oslo Airport Gardermoen to the starting point, as well as bus transport from the end point back to Oslo Airport Gardermoen. The shared transport will depart from Oslo Airport Gardermoen at 13:30 and from Oslo Central Station at 12:00 on 10 July 2026. The shared transport from the end point will arrive at Oslo Airport Gardermoen at 16:00 the 16 of July.

### **The Competition:**

The Race is a competition in which participants will be divided into international patrols. They will walk the route together and complete tasks along the way. At the end, a winner will be announced who will receive a trophy. There will be both practical and theoretical tasks, as well as some that combine the two. Having basic guide and scout knowledge will therefore be useful if you intend to win.

## Registration:

Each contingent is responsible for organising its own registration as soon as possible, and then sending the overview to us. This applies to both participants and staff/leaders. Each country has 50 places for participants, and 10 places for staff/leaders this include the contingent management team. This is done by filling in the template below and sending it to us. Download the template and fill it in. In the email with the template, you must also include contact information for the contingent leadership, which you may organise in whatever way you prefer.

### Shared: Registration template

In the registration, we ask that you please collect the following information:

- Full name
- Date of birth
- Contact information, including both e-mail and phone number
- Next of kin and their contact information
- Allergies or other dietary requirements
- Swimming abilities
- Ask participants to rate their previous experience and ability to traverse mountainous and difficult terrain on a scale from 1–10, where 1 means no experience and 10 means extensive experience.
- Whether they know any participants from other countries whom they wish to be on the same patrol as
- Rate their desire to compete for the victory on a scale from 1-10, where 1 is no desire, 10 is very competitive and 5 is somewhere in between
- Any other needs NAR should know about (accessibility, mobility, medical, or other adjustments)

For participants over 18 years old, we ask them to indicate which role they would like to take during the event, although we cannot guarantee they will receive that role:

- Staff – assists with tasks, setup, and running the event
- Leader, – accompanies a patrol and supports them (the patrol should be mostly self-sufficient)
- No preference

We will try to accommodate all requests, but cannot guarantee that everyone will get their preferred role, as there is a limited number of positions available in each role. Everyone who volunteers as staff or leader will be able to participate and will be assigned a role — this we can guarantee.

If anyone wants to help with planning, they are welcome to let us know. We will assess the need for additional support as we go.

The completed form must be sent to **post-NAR2026@kmspeider.no** by **March 10, 2026**, but each country may set its own internal registration deadline.



### **Form for leaders and staff**

A separate form has been created for leaders and staff who wish to express their interest to participate in the planning. After filling out the form, the planning team will contact you. This is not binding, but can be shared with members who want to contribute. This form does not replace the regular registration. You can find the form here:

<https://forms.gle/3fDk5im64mT1zoP98>

To achieve the participation we hope for, we need your help in promoting the Nordic Adventure Race in your country. We therefore ask you to share information about the event in newsletters, on social media, and via other platforms you use to reach your scouts.

If you have any questions, either from potential participants or from your national organization, please contact: [post-NAR2026@kmspeider.no](mailto:post-NAR2026@kmspeider.no).

We hope to see you there!

Yours in Scouting,  
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